



Autumn Menu 2020

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	<p>Jacket Potato with beans, tuna (V,GF) or cheese (V)</p> <p>Salad V,GF,EF Fresh Bread V, EF</p> <p>Yoghurt V,GF,EF Fresh Fruit V,GF,EF</p>	<p>Pork Meatballs in Tomato and Pesto Sauce and Spaghetti</p> <p>Quorn Meatballs in Tomato and Pesto Sauce and Spaghetti (V,GF)</p> <p>Salad V,GF,EF Fresh Bread V, EF</p> <p>Sponge Cake V Fresh Fruit V,GF,EF</p>	<p>Chicken Curry, Rice and Naan Bread</p> <p>Vegetable Curry and Rice V,GF</p> <p>Salad V,GF,EF Fresh Wholemeal Bread V, EF</p> <p>Flapjack V Fresh Fruit V,GF,EF</p>	<p>Toad in the Hole with Bite size Roast Potatoes, Peas and Carrots</p> <p>Vegetarian Sausage Toad in the Hole with Bite size Roast Potatoes, Peas and Carrots V</p> <p>Salad V,GF,EF Fresh Wholemeal Bread V, EF</p> <p>Jelly EF Fresh Fruit V,GF,EF</p>	<p>Fish Fingers, Chips and Beans</p> <p>Vegetable Goujons, Chips and Beans V</p> <p>Salad V,GF,EF Fresh Wholemeal Bread V, EF</p> <p>Rice Krispy Cake EF Fresh Fruit V,GF,EF</p>
2	<p>Spaghetti Bolognese with Garlic Bread</p> <p>Quorn Mince Spaghetti Bolognese (V,GF)</p> <p>Salad V,GF,EF Fresh Bread V, EF</p> <p>Shortbread V Fresh Fruit V,GF,EF</p>	<p>Sticky Chicken with vegetable or plain rice</p> <p>Sticky Quorn Chicken with vegetable or plain rice</p> <p>Salad V,GF,EF Fresh Bread V, EF</p> <p>Jam Sponge V Fresh Fruit V,GF,EF</p>	<p>Sausage, Mashed Potato and baked beans</p> <p>Quorn sausage served with Mashed Potato and baked beans V,EF</p> <p>Salad V,GF,EF Fresh Bread V, EF</p> <p>Cheesecake V Fresh Fruit V,GF,EF</p>	<p>Roast Beef, Roast Potatoes, Yorkshire Pudding, Broccoli and Carrots</p> <p>Cheese and Onion Pasty with Roast Potatoes, Broccoli and Carrots</p> <p>Salad V,GF,EF Fresh Bread V, EF</p> <p>Jelly EF Fresh Fruit V,GF,EF</p>	<p>Children's Choice – to be advised in advance</p> <p>Salad V,GF,EF Fresh Bread V, EF</p> <p>Fresh Fruit V,GF,EF</p>

