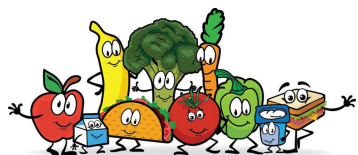




Autumn Menu 2022



Week1	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Hot selection	<p>Butchers Pork Sausage (W)(Su) and Mashed Potato (M)</p> <p>(V) Vegetarian Sausage (W)(E)(M) and Mashed Potato(M)</p> <p>Baked Beans Broccoli Gravy</p>	<p>Popcorn Chicken (E) (G)</p> <p>(V) Quorn Dippers (E)(W)(M)</p> <p>Noodles (E)(W)(S) or Rice Peas Sweetcorn Sweet Chilli Sauce</p>	<p>Homemade Beef lasagne (W)(M)</p> <p>(V) Homemade Macaroni Cheese (W)(M)</p> <p>Garlic Bread (W) Green Salad Coleslaw (E)</p>	<p>Roast Chicken with Stuffing (W)and Yorkshire Pudding(E)(W)</p> <p>(V) Quorn Fillet (E)(M) with stuffing(W) and Yorkshire Pudding(E)(W)</p> <p>Roast Potatoes Carrots Green beans</p>	<p>Fish Fingers (F)(W)(E)</p> <p>(V) Cheese Omelette (E)(M)</p> <p>Chips Baked Beans Peas</p>
Salad	<p>Grated Carrot Cucumber Slices Sweetcorn Raisins Breadsticks (W) Sliced Pepper Tomatoes</p> <p>Bread (W) and Margarine</p>	<p>Grated Carrot Cucumber Slices Boiled Egg (E) Raisins Breadsticks (W) Sliced Pepper Tomatoes</p> <p>Bread (W) and Margarine</p>	<p>Grated Carrot Cucumber Slices Sweetcorn Raisins Breadsticks (W) Sliced Pepper Tomatoes</p> <p>Bread (W) and Margarine</p>	<p>Grated Carrot Cucumber Slices Sweetcorn Raisins Breadsticks (W) Sliced Pepper Tomatoes</p> <p>Bread (W) and Margarine</p>	<p>Grated Carrot Cucumber Slices Sweetcorn Raisins Breadsticks (W) Sliced Pepper Tomatoes</p> <p>Bread (W) and Margarine</p>
Desserts	<p>Fruity Flapjacks (G)</p> <p>Choice of Fresh Fruit Selection of Yoghurts (M)</p>	<p>Chocolate Tray Bake (W)(E)</p> <p>Choice of Fresh Fruit Selection of Yoghurts (M)</p>	<p>Fruit Jelly</p> <p>Choice of Fresh Fruit Selection of Yoghurts (M)</p>	<p>Fruit Platter</p> <p>Choice of Fresh Fruit Selection of Yoghurts (M)</p>	<p>Vanilla Ice cream (M) with fruit compote</p> <p>Choice of Fresh Fruit Selection of Yoghurts (M)</p>

Week2	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Hot selection	Pepperoni Pizza Baguette (W)(M) (V) Cheese Pizza Baguette (W)(M) Pasta Salad (W)(E)	Homemade Chicken Korma (M) (V) Vegetable Korma (M) Rice Naan Bread (W)	Roast Gammon and Yorkshire Pudding(E)(W) (V) Quorn Fillet (E)(M) and Yorkshire Pudding(E)(W) Roasted New Potatoes Peas Carrots	Bolognaise Sauce (V) Rustic Tomato Sauce Spaghetti (W) Garlic Bread (W)(M)	(V) Jacket Potato With a choice of fillings: Cheese (M) Baked Beans Tuna Mayo (F)(E) Coleslaw (E)
Salad	Grated Carrot Cucumber Slices Sweetcorn Raisins Breadsticks (W) Sliced Pepper Tomatoes Bread (W) and Margarine	Grated Carrot Cucumber Slices Sweetcorn Raisins Breadsticks (W) Sliced Pepper Tomatoes Bread (W) and Margarine	Grated Carrot Cucumber Slices Sweetcorn Raisins Breadsticks (W) Sliced Pepper Tomatoes Bread (W) and Margarine	Grated Carrot Cucumber Slices Sweetcorn Raisins Breadsticks(W) Sliced Pepper Tomatoes Bread (W) and Margarine	Grated Carrot Cucumber Slices Sweetcorn Raisins Breadsticks (W) Sliced Pepper Tomatoes Bread (W) and Margarine
Desserts	Chocolate Brownie (W) Choice of Fresh Fruit Selection of Yoghurt	Oat Cookies (G) Choice of Fresh Fruit Selection of Yoghurts	Jam sponge (E)(W) and Custard (E)(M) Choice of Fresh Fruit Selection of Yoghurts	Fresh Fruit Platter Choice of Fresh Fruit Selection of Yoghurts	Frozen Fruit Smoothie Choice of Fresh Fruit Selection of Yoghurts

Allergens;

(E) – Egg (C) - Celery (G) Gluten
(S) - Soya (M) – Milk
(W) – Wheat (B) – Barley